



AN INITIATIVE OF

AryaGlobal

From the Principal's Desk

We all have our moments. We all have those occasions, when we lose sight of what is important in life and become totally obsessed with our own way of looking at things, thereby increasing our own pain, challenges and obstacles. It's not a pretty sight.

Arjuna, a skilled warrior, became a trembling mess on the Kurukshetra battlefield. He lost faith in those around him and blinded by his own wrong thinking, he lost faith in himself. He was at risk of sinking deeper and deeper into his own man-made abyss of pain, but Krishna's words of wisdom quickly pulled him back.

For some, it could be a bad day or a bad spell, for others, it could be a period of stress.

Obstacles can affect anyone, of any age and any background. The Gita tells us that, it happens when we forget who we truly are and that we have the potential to achieve. Then we feel we are limited, lower version of ourselves, which of course, is not true. With that, comes a whole gamut of negative emotions, all because we are unable to see things as they are. When we don't know life for what it is, we can't own it and we can't live it how it should be lived.

'Ignorance is not bliss; it's ignorance.' - Unknown

Here are some tips to keep yourself motivated when it all seems downhill, and it is no surprise that they are all about communication:

1. Ignorance is not bliss; it is a blister and it is not so easy to treat a blister on your own. Arjuna needed Krishna and in the same way, we all need

someone. If you are facing a tough time or even just a confusing issue, having someone always helpful. Open up. Seek a dialogue.

2. When you see a doubt arising in your mind and when it causes you pain, do your best to clear it up rather than letting it linger. We often think that doubts will get us to understand things better, but they don't. Doubts can poison our thinking and they nag and gnaw away at us. A simple conversation can clear the air and free you from your mental anguish. Be open-minded. Stop taking yourself so seriously and instead, just enjoy the journey as a happy participant.

3. We tend to forget that there is a lot of communicating that goes on within us too. Don't allow that to become negative. Instead, keep asking yourself if you are seeing things as they are, or as you are. Do note, that this is easier said than done. If you are struggling with too many inner demons, quit the inner conversing and don't delay in seeking professional help. A lot of study has been done about the mind and its tendencies and there are people who understand your mind much better than you do. Trust them.

4. Keep faith. There is always a right thought to hold on to and sometimes you just need a little nudge in the right direction. Faith goes even beyond belief in oneself, because belief is emotional, it can sway and break. When we have belief with the correct and clear understanding.

Source: Chinmaya Udghosh



Mrs. Radhamani Iyer
Principal, Arya Gurukul



Smt. Neelam Malik,
Founder Director,
AryaGlobal Group

She stood alone on the victory stand as the national anthem played. Victory beamed on her face and happiness flowed through her tears. As the national anthem instantly connected her to the 120 billion people, her brethren, her country men, love now started flowing through her smiling eyes. Hema Das has created History by winning gold at the IAAF World Under-20 Athletics Championships. Hema Das flew towards the finishing line and won the coveted title finishing with a record timing of 51.46 seconds in the women 400m race.

Patriotism is not only fighting for your country in battle or participating in a revolution. It certainly is the highest form of selfless love for the country. Patriotism many a time speaks through the moment of success you share with your countrymen. Bringing laurels for your country also speaks of the love for your brethren and you feel a belonging to the whole nation. It is in conducting yourself in the best possible

manner within and outside your country - It is the love for your country which speaks through your work or may be in your song or words or poems. It is even seen when you live with your family, neighbours and countrymen in harmony. It speaks through your actions, words and deeds. It is when you feel connected and feel a belonging.

Let us celebrate this Independence Day by putting our country above all. Let us pledge to make our country clean and preserve its beauty, man-made and natural. We have a great heritage, abundance of knowledge filled in our country's culture. Let us start by understanding it and studying the knowledge bestowed on us to pass on this heritage to our children. Finally lets us begin by being happy, and happy to be Indians. Then, surely, we will be able to make our children happy.

HAPPY CHILD, HAPPY NATION!



2015 - 2016



2016 - 2017



2017 - 2018



2018 - 2019

Arya Gurukul and Little Aryans, that come under the aegis of the AryaGlobal Group of Schools congratulate St. Mary's High School, Kalyan, for being awarded the coveted EducationWorld India School Ranking 2018-19 as No. 1 in India in the Budget Private School category, after three years in succession as runners-up.



Interview - Mrs. Geeta Nair

1. What are your hobbies? How do you spend your spare time?

Ans: I am a music lover. I enjoy singing and listening to melodious music. Also, I believe that laughter keeps you healthy and happy. It brings out positivity in behaviour, so I prefer watching comedy shows and interacting with humorous people when I get free time.

2. How has Arya Gurukul changed over the years?

Ans: I am associated with AG for 10 years now. Each year, I have experienced enhancement and growth in all the areas of teaching and learning process. Our school believes in child-centred learning. Hence, students are empowered each year to take decisions and enhance their life skills through various co-scholastics activities.

Our school believes in and follows 'Chinmaya Vision' programme. We have been successful in creating a well-integrated value system framework over the years. Hence, we have set a benchmark in nurturing students by integrated development through this vision programme.

3. How important are co-scholastic activities for the child's development?

Ans: We, at Arya Gurukul, believe in holistic development of our students. Keeping this in mind, the co-scholastics activities are planned and executed every year. Students are provided with opportunities to showcase their hidden talents. In this way, they learn life skills and are exposed to creative thinking as well as organisational, leadership, scientific and literacy skills.

Students transform themselves from an ordinary student into a multi-talented, creative confident one.

4. As the co-scholastic head, what co-scholastic activities are planned for this academic year?

Ans: I feel fortunate to shoulder the responsibility of being a co-scholastic head under the able guidance of Smt. Neelam Malik, our Principal Mrs. Radhamani Iyer and all the other seniors. It has been our constant effort to look ahead for some innovative activities that aim at students' enrichment. Our students have been achieving laurels in all the areas of inter-school competitions. But this year onwards we have planned activities like open forum for enhancing public speaking by giving opportunities to express their views on a topic, enhance self-confidence.



**Mrs. Geeta Nair,
Teacher, Co-scholastic Head,
Arya Gurukul**

Inter-unit competitions are also introduced, so that students become competent enough for inter-school, state and national level competitions and bring laurels to the school.

5. What is an ideal school according to you?

Ans: According to me, an ideal school is where the students and the educators together aim at elevating the standard of the school by all means. Every individual working in the institution should constantly strive for excellence, maintain the quality of education. This will create a positive atmosphere of happiness and contentment and will lead to a successful and ideal school.

6. What is your vision for the school?

Ans: My vision aligns with my school vision- 'HAPPY CHILD, HAPPY NATION.' Children are the future of our nation. They should be encouraged to think independently and to be passionate about what they wish to do to value excellence. I believe that a teacher's purpose is not to create students in his own image, but to develop students who can create their own image.

7. Who is your role model? Why?

Ans: In every walk of my life I have been inspired by many people who, some or the other way, have made a great impact on the growth of my career. My role model is Malik ma'am.

I feel fortunate to work under the direction of an exemplary woman of vision. She has always initiated a change that has led to the betterment of the students and success of the organisation. I always look upon her as my role model and wished I could visualise things in the same way.

8. What is your message to the young students of the school?

Ans: I would like to encourage my students through the thoughts of Aristotle, a great philosopher and scientist, "Excellence is never an accident". It is always the result of high intention sincere effort and intelligent execution. It represents the wise choice from many alternatives.

Choice, not chance, determines your destiny.

My message to my dear students would be:

"Your life is your message to the world. Make it inspiring"

INVESTITURE CEREMONY(SECONDARY)



STOP Press



Shriya Parekh, a student of Arya Gurukul, Nandivli, won the Gold Medal in South Zone CBSE Competition held at Telangana. She also won a Silver Medal in Rifle Shooting at the CBSE Nationals held at Punjab. Congratulations, Shriya!



Congratulations from Arya Gurukul Family

Sahitya Akademi Award for Dr. Mohanjit Singh. What an honour! It is our privilege to share space with Dr. Mohanjit Singh, the author of our school song. We feel that his dignity and integrity is above everything which silently exudes soulful inspiration for all of us.

Tribune India -
<https://www.tribuneindia.com>



Ayush Parab of Arya Gurukul Nandivli secured 1st position in the Anuvrat National Level Solo singing competition held at Chennai on 26th October 2018.

He was among the 38 finalists who had participated in this event.



Yash Mishra, Grade X student of Arya Gurukul, has been selected to represent Maharashtra State in School Nationals for Sepak Takraw.

Editorial Team



SITTING-Front row from left to right

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Ms. Harshavarthini Jaganmohan
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Ms. Drishya Singh
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Ms. Aditi Lazarus



Inaugurated by
Smt. Vinita Rane, Mayor, KDMC

Manthan - Inspiring Excellence

The spectacular event of 'Manthan – Inspiring Excellence' an Inter-School Art, Craft & Science Festival organised by Education Today Foundation, held at Arya Gurukul School, Kalyan East on 14th and 15th August 2018 had an overwhelming response. It provides a platform for enthusiastic students and teachers from over 14 schools to shape their innovative ideas and exhibit their talents. This year, the theme was 'Hive Minds' to enthuse and inspire young people about Arts, Craft and Science. An array of exhibits by students from Std. I to Std. XII with each class working on different themes were indeed eye-pleasing. With an endeavour to promote a scientific and cultural attitude

among budding young students, this exhibition was a clear success.

The exhibition was inaugurated on 14th August by Smt. Vinita Rane, Mayor, Kalyan-Dombivili Municipal Corporation, Shri. Sanjay Kulkarni, President, Private Unaided School Managements' Association (PUSMA) and Smt. Vinaya Deshpande-Pandit, Mumbai Bureau Chief, CNN News 18. The inter-school competitions had commenced a week earlier with 14 schools from in and around Kalyan participating in 10 categories, with 400 students. More than 2000 students exhibited their projects and showcased their talents through various cultural programmes. Smt. Radhamani Iyer, Principal, Arya Gurukul said, "Such exhibitions have to be encouraged, for students to get an opportunity to showcase their talents. New ideas grow in the minds of children, which contribute to the development of the world."

Arya Gurukul celebrated the 72nd year of India's Independence on 15th August with great patriotic fervor, zest and zeal. The celebration began with unfurling the National Flag by the Director of Education Today Foundation, Smt. Neelam Malik, followed by the National Anthem. The ceremony was an array of cultural programmes including patriotic songs and dance performances and speeches were composed by the students in Hindi, Marathi, Sanskrit and English.

This year's Independence Day celebration coincided with the Valedictory of Manthan – Inter School Arts, Crafts & Science Exhibition. Dr. Shrikant Shinde, Member of Parliament, Kalyan and Shri. Dominic Paul (PUSMA), declared and felicitated the winners.

The programme concluded with the National Song performed by the students and teachers of Arya Gurukul.



National Science Olympiad

Class	Name of the Student	School Rank	Medal
1	Saket Shrinivasan	1	Gold
2	Rithwik Ajaykumar Singh	1	Gold
2	Kirti Rohit Tiwari	2	Silver
2	Aarya Deepak Gaikwad	3	Bronze
3	Gnana Sai Keerthana Bodapati	1	Gold
3	Anarva Ratnakar Gawai	2	Silver
3	Sanskriti Tushar Malali	3	Bronze
4	Aaradhya Ravindra Pandeji	1	Gold
4	Dhanprada Rajaram Desai	2	Silver
4	Nikhil Aarush Ravikiran Tattikota	3	Bronze
5	Pranav Pravin Gore	1	Gold
5	Om Laxman Sawant	2	Silver
5	Shreemayi Vijay Arabhavi	3	Bronze
6	Vedanti Manoj Kumar Shaw	1	Gold
6	Pallavi Goutam Chandra Das	2	Silver
6	Devashish Pandey	3	Bronze
7	Paarth Raghunandan Wagh	1	Gold
7	Abhay Muraleedharan Pillai	2	Silver
7	Harshavarthini Jaganmohan	3	Bronze
8	Shubham Dharamveer Pandit	1	Gold
8	Drishya Anil Singh	2	Silver
8	Aryan Sonilal	3	Bronze
9	Vedika vinod Chavan	1	Gold
9	Shruti Vijaykumar Sinha	2	Silver
9	Darshini Dinesh Kadme	3	Bronze
10	Harshal Sarjerao Abak	1	Gold
10	Aakanksha Santosh Jha	2	Silver
10	Amrit Ajaykumar Tripathi	3	Bronze

International Math Olympiad

Class	Name of the Student	Medal
	Grade I & II	
1	Srujan Pramod Borse	Gold
2	Saket Sreenivasan	Silver
3	Kanad Narendra Godse	Bronze
4	Aarya Deepak Gaikwad	Gold
5	Hansika Santosh Nagle	Silver
6	Mayank Chandan Raghuvanshi	Bronze
	Grade III & IV	
1	Kshatriya Nitin Vekhande	Gold
2	Shambavi Sreenivasan	Silver
3	Asmita Subhash Chandra Jha	Bronze
4	Aaradhya Ravindra Pandeji	Gold
5	Ishant Bharatbhushan Surve	Silver
6	Dhanprada Rajaram Desai	Bronze
	Grade V	
1	Dikshant Sudhakar Ojha	Gold
2	Vedant Vivek Kaneri	Silver
3	Ashish Mohan Thakur	Bronze
	Grade VI	
1	Mayank Ravi Hemnani	Gold
2	Uday Sunil Pande	Silver
3	Vedanti Manoj Kumar Shaw	Bronze
	Grade-VII	
1	Himanshu Vijaykumar Sinha	Gold
2	Vaishnavi Mahesh Khopkar	Silver
3	Himanshu Satish Thakur	Bronze
	Grade-VIII	
1	Shubham Dharamveer Pandit	Gold
2	Harsh Rahul Kasliwal	Silver
3	Rohan Anjani Tiwari	Bronze
	Grade-IX	
1	Anurag Santosh Jha	Gold
2	Vedika Vinod Chavan	Silver
3	Shradha Sanjeeb Mishra	Bronze
	Grade-X	
1	Anish Adhir Borkar	Gold
2	Mohd Amaan Mukhtar Ansari	Silver
3	Aakanksha Santosh Jha	Bronze

IEO

Class	Name of the Student	Medal
	Grade I	
1	Sanket Sreenivasan	Gold
2	Jayanthi Ashwini	Silver
3	Rudra Sunil Mishra	Bronze
	Grade II	
1	Rithwik Singh	Gold
2	Aarya Gaikwad	Silver
3	Kirit Rohit Tiwari	Bronze
	Grade III	
1	Anarva Gawai	Gold
2	Aditi Iyer	Silver
3	Gnana Sai Bodapati	Bronze
	Grade IV	
1	Dhanprada Desai	Gold
2	Aaradhya Pandeji	Silver
3	Vedant Vekhande	Bronze
	Grade-V	
1	Sneha Sewaramani	Gold
2	Krish Hassani	Silver
3	Prathamesh Nerurkar	Bronze
	Grade-VI	
1	Aman Sahu	Gold
2	Vaibhav Singh	Silver
3	Yuvraj Katyal	Bronze
	Grade-VII	
1	Paarth Wagh	Gold
2	Harshavarthini Jaganmohan	Silver
3	Shashwat Jha	Bronze
	Grade-VIII	
1	Mihika Chitre	Gold
2	Stalin Alagichi	Silver
3	Prateek Khemchandani	Bronze
	Grade-IX	
1	Apurva Pisharody	Gold
2	Nimisha Singh	Silver
3	Radhika Korgaonkar	Bronze
	Grade-X	
1	Ankit Ramteke	Gold
2	Maitreyee Ambedkar	Silver
3	Amrit Tripathi	Bronze

National Cyber Olympiad

Class	Name of the Student	School Rank	Medal
	Grade II		
1	Aarya Deepak Gaikwad	1	Gold
2	Hansika Nagle	2	Silver
3	Tiahna Pillai	3	Bronze
	Grade III		
1	Anarva Gawai	1	Gold
2	Sneha Singh	2	Silver
3	Sanskriti Malali	3	Bronze
	Grade IV		
1	Aaradhya Pandeji	1	Gold
2	Nikhil Tattikota	2	Silver
3	Ishan Surve	3	Bronze
	Grade V		
1	Pranav Gore	1	Gold
2	Archishman Tripothi	2	Silver
	Grade VI		
1	Aman Sahu	1	Gold
2	Vaibhav Singh	2	Silver
	Grade VIII		
1	Drishya Singh	1	Gold

IGKO

Class	Name of the Student	Medal
	Grade I	
1	Akshara Pawan Zende	Gold
2	Rutujia Appasaheb Jadhav	Silver
3	Lokesh Praveen Mahajan	Bronze
	Grade II	
1	Yuvan Raj Lad	Gold
2	Hansika Santosh Nagle	Silver
3	Arya Santosh Pawar	Bronze
	Grade III	
1	Shambavi Sreenivasan	Gold
2	Gnana Sai Keerthana Bodapati	Silver
3	Kshatriya Nitin Vekhande	Bronze
	Grade IV	
1	Aaradhya Ravindra Pandeji	Gold
2	Ishant Bharat Bhushan	Silver
3	Vedant Nitin Vekhande	Bronze
	Grade-V	
1	Rudra Ashish Sisodia	Gold
2	Archishman Bijayakumar Tripathy	Silver
3	Vedant Vivek Kaneri	Bronze

Class	Name of the Student	Medal
	Grade-VI	
1	Vaibhav Dhiraj Singh	Gold
2	Aman Shyamswaroop Sahu	Silver
3	Devashish Pandey	Bronze
	Grade-VII	
1	Harashavarthini Jaganmohan	Gold
2	Paarth Raghunandan Wagh	Silver
3	Shashwat Jatindra Jha	Bronze
	Grade-VIII	
1	Drishya Anil Singh	Gold
	Grade-IX	
1	Simran Chandra Bhushan Sharma	Gold

Save the Trees

Once upon a time, there was a man named Rajesh. He lived in a very small house. He was also very poor. He would stop the people from cutting trees. He would plant little saplings and would take care of them. One day, a news paper reported that, the people of nearby village were dying because of the lack of oxygen. He thought, "How can I help those people?" An idea came to his mind. He decided to tell the people to grow more trees. They started growing more trees. But, the population of the village was increasing and again they started cutting down trees. The king asked them, "Why are you all cutting down the trees?" The villagers told the King that, the trees are drying up because of no rains. The king could not do anything.

The villagers started praying to the God of Rains.

"Rain, rain, come again." It did not rain the first year. But the villagers continued praying. They did not give up. Suddenly, a big black cloud came floating. The rains started to fall. It started to rain cats and dogs. The trees got a new life. All the people and the animals happily started dancing. When Rajesh came back to the village, they all thanked him for showing them the right way.

'Save Water, Save Trees, Save the Earth.'

Ashlesh S. Singh
Std. V C



The Blue Eclipse

Have you ever seen something very fantastic and unusual in the sky with your naked eye? Maybe yes or maybe not. It might be a Super Moon, a Red Moon - but a Blue Moon? It may seem so for the first time; but it is not so.

The phrase 'Blue Moon' sounds very interesting and you might visualise a blue moon in a dark black night. But actually, it is not exactly how we imagine it.

A blue moon is not actually blue in colour. This happens when there are two full moons in one month. When the Lunar eclipse forms its position (Earth between the moon and the sun) and when the Earth repulses the light through the moon in the penumbra, it produces various light effects. Thus, when the blue light passes through the moon, the super moon slightly appears blue in colour. Then the red colour strikes it making it appear dark red, known as- the Super Blue Blood Moon, says NASA.

According to NASA (National Aeronautics Space Administration), the earlier Blue Moon was in 1930 and now on 31st January 2018. The next Super Blue Blood Moon will be in 2019. According to NASA, the Blue Moon appears frequently in the phase of each 150 years. Don't miss the sight, enjoy this astro-phenomena. The best sight would be from the western U.S. Grab the opportunity.

Pranjal Desai
Std. VIII A



Eco-friendly Ganesha Making Sankalp

Education Today Foundation organised an 'Inter-school Eco-friendly Ganesha Making Sankalp,' which was well attended by teachers and principals and participated by 160 students from 6 schools in and around Kalyan on 6th September 2018 at Arya Gurukul, Kalyan.

Fine artist and social worker Shri. Rajesh Bhavsar was the Chief Guest for the programme. Mr. Manish Vyapari, Sculpture and Fine artist, presented a demo session for the students to guide them in making the Ganesha idol. These students used Sadu matti (clay), eco-friendly materials and colours. They made 200 Ganapati idols with their own hands.

The students, teachers and principal got together and pledged to celebrate Ganeshotsav every year with eco-friendly Ganapati idols and decoration materials. The Chairman of the school Mr. Bharat Malik mentioned that it has inspired him to spread the message among the students and the masses about inculcating pollution-free habits.

As the schools believe in celebrating Ganeshotsav in an eco-friendly way to protect our environment, all these idols will be placed for worshipping at the school auditoriums and will be immersed in school premises by creating a water body and this clay would be recycled for future use. This will motivate the students to celebrate Ganesha Festival in an eco-friendly manner for their lifetime and conserve the environment.

The 'Sthapana' of these idols is done in the school premises on Ganesh Chaturthi. On the 5th day, they will be immersed amidst festivity. Most importantly, a unique and novel concept is introduced, wherein an artificial pond is created. This pond is used for the Ganesha immersions and the clay from immersed Ganeshas is later collected and reused. The offerings to Lord Ganesha like 'Durva' and flowers are turned into manure in the school and used for plants. The programme received an overwhelming response of more than 5000 students, parents and teachers.

Shradha Mishra
IX C



Arya Gurukul celebrates its Annual Day



Pomp and splendor graced the Annual day event 'CHHATRAPATI': Part 1, hosted by Arya Gurukul School's Primary Section on 17th April, 2018.

The programme was graced by the presence of Chief Guests Shri Jagannath Sinde, Shri Prakash Rao and Dr. Prashant Patil.

The Annual Day event 'CHHATRAPATI': Part 2 was hosted by Arya Gurukul School's Secondary Section on 19th April 2018. The programme was graced by the presence of chief guests Shri Nischal Narayanam, a predominant Indian child prodigy. Smt. Nalini Anand and Dr. Shailendra Mishra (Senior Superintendent of Police).

More than a thousand students were at their resplendent best as they participated with great vigor and passion creating a spectacular display of dance, drama, music and art. It was a culmination of a year-long journey of innovations.

The distinctive and unique theme for 2018-19 was 'Chhatrapati'. In adherence to this theme, the students performed a play portraying the story of the great Maratha warrior.

Chhatrapati Shivaji Maharaj, depicting courage, presence of mind, his respect for women and his journey to coronation, added more life to the narration and increased the relevance to better understanding. It also depicted the personality of Shivaji Maharaj, the fierce character that he was, the love for his family, for the army, for the people and above all the Motherland. The story, from birth of Shivaji to the coronation of Chhatrapati Shivaji Maharaj, was performed by the 1000 students of Arya Gurukul in 2 parts - Primary and Secondary.

Ecstatic dances and the melodious songs touch the chords in almost every Indian. Shivaji is a powerful force to reckon with even today, three centuries after his death.



The audience savored the song and dance performances such as 'Shiv Vandana', 'Shivaji Arti', 'Ude Ge Ambe Ude', 'Shoor Amhi Sardar', 'Powada', 'He Raje' with a great enthusiasm.

The story of Shivaji Maharaj in the form of a drama was our attempt to make our children realise that, if we are receptive, we can embrace any good thing. Mr. Bharat Malik, the Managing Director of Arya Global Group of Schools, lauded the performance of each and every child in his speech and explained that the school's mission is to nurture young people and bring out the best in them. He appreciated the efforts of the teachers and the performing and visual art team for their relentless hard-work and dedication.

Education Today Foundation has always been a forerunner in taking up social causes close to their heart and thus plays a pivotal role in the betterment of the society. This year, ETF has conferred its Lifetime Achievement Awards on four such exemplary stalwarts who have contributed positively to the society. The Lifetime Award recipients were Smt. Vijayanti Gholap, former Mayor of KDMC, Mr. Indraman Shadav Singh, Chairman, Priyadarshani Group of Schools, Mr. Paramjeet Singh, National President of Dharma Bharathi Mission and Dr. Arundhati Chavan, Chairman PTA United Forum. All these people have worked relentlessly for bringing about changes in the policies that hamper the educational development of students, thereby leading to their empowerment.

The principal of Arya Gurukul, Mrs. Radhamani Iyer enlightened the audience with her inspirational speech which was in-sync with the theme of the Annual Day event; Chhatrapati Shivaji Maharaj. She said, "Just like the mirror reflects our flaws, blemishes and beauty, our Annual Day event is a symbolic mirror created by our students which will make you reflect,

ponder and retrospect on the challenges life has in store for us.

She also emphasized on the fact that the drama was an eyeopener for all of us because Shivaji embodied all qualities that politicians should possess in 21st century India.

The programme concluded with the vote of thanks. The shlokas chanted by the Chinmay Sargam group reverberated in the auditorium, followed by 'Hum honge kamyab'. Euphoric and the upbeat mood created by the success of the event echoed the promise of even greater triumph the next year.





International Yoga Day

Arya Gurukul celebrated International Yoga Day on Thursday, 21st June 2018 in the school premises from 7:45 am to 9:30am in a grandiose way. It witnessed the presence of more than 50 parents, 500 students and teachers. Students were pre-trained for the demo presentation of yoga asanas on the day.

Yoga was promoted through the media of poster making and videos based on yoga benefits. Trained yoga teachers imparted their skill and valuable guidance to all the participants. Varied yoga postures and asanas like Bhadrasana, Vrikshasana, Trikonasana, Shashankasana, Shavasana, Kapalbhati were displayed by the dignitaries, students and parents present for the day.

The occasion was graced by the presence of dignitaries. Dr. Jairam Jethe, a renowned MBBS doctor of Kalyan was a special invitee, also a yoga master. Ms. Pradnya Jethe, a dietician of repute, was also one of the dignitaries. The highlight of the day was the jaw-dropping spectacle of the yoga performance by students who have performed at the national level championship.

International Yoga Day was celebrated keeping in mind the protocol sent by CBSE. Parents and students also joined the yoga movement and pledged, "Yoga for life, for harmony and peace, a healthy body, mind and soul. Let's unite the world by yoga- a bond for mankind and one world."

On this occasion, Swamini Nishkalananda, our station Acharya from Chinmaya Mission explained the benefits of yoga and how one can dissolve all boundaries and unite the world through yoga. Parents and students were thrilled and enthusiastically involved in this initiative.

Parents and students were awarded with a certificate of 'Crusader of Health and Well-being' for his/her expressed commitment for the same.

The programme concluded with Shanti Path and healthy sprout snacks for all.



A Picnic to Alibaug with My Mom

On 26th Feb 2016, I went for a picnic with my mom.

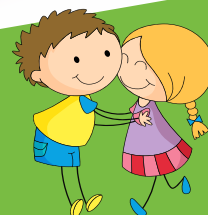
The venue of the picnic was a surprise for me. My mom woke me up early in the morning on that day. We got ready and waited on the road for the bus. Then, after 10 minutes, the bus arrived. We boarded the bus. It was full of many ladies and children. I recognized some aunts from Mom's office; they, too, were coming with us. We all had so much fun together and I also made many new friends. After 2 hours of journey, we reached our destination- the Alibaug beach. I was surprised, because I was visiting a beach for the first time. I had a lot fun on the beach with my mom and friends. We wandered all over the beach, playing and laughing. Some people were swimming in the sea.

I also saw a few boats on the beach. After a while, we sat on the beach and had lunch. My mom had made aloo parathas and pastries for me.

Some aunts had baked cookies, idlis and dosas. We all shared our food with each other. Finally, after so much enjoyment, it was time to go back. After a journey of two and half hours, we reached home. I was very tired but very happy.

Thank you very much Mom for this wonderful trip.

Aryan Jha



A PICNIC TO THE SEASHORE

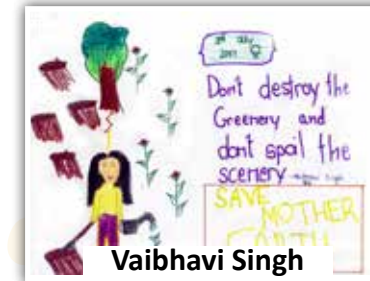
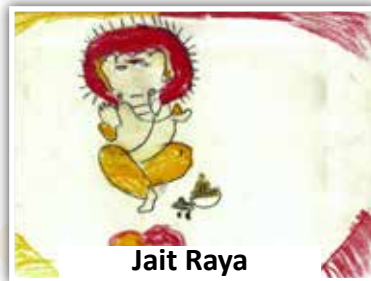
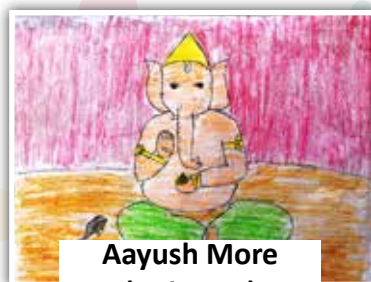
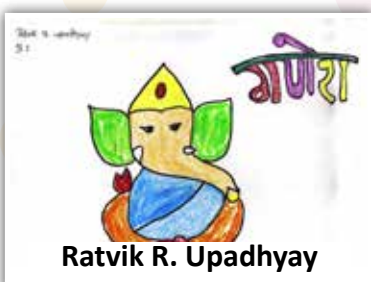
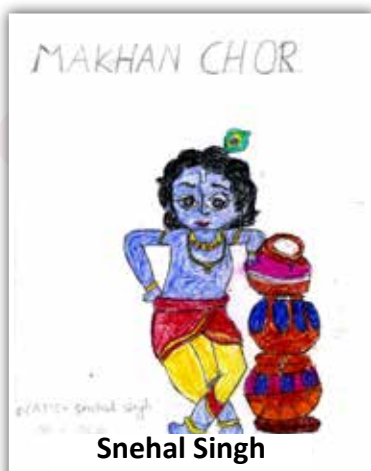
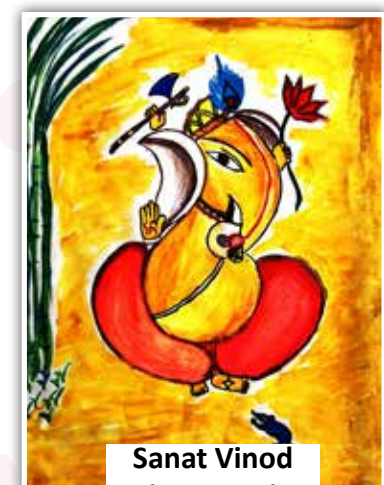
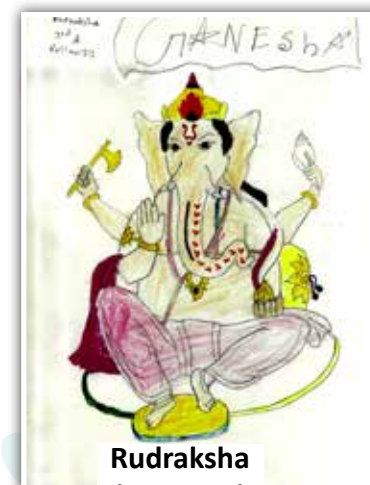
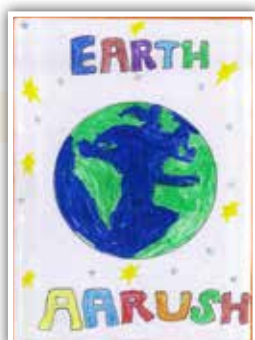
Picnic is a word which creates an inexpressible energy in a child's heart.

My friends and I, after exams, had decided to go for a picnic to the seashore, which is about 10 kilometers away from our school. My friends and I rode our bicycles to that beach, had lunch together and enjoyed in the sea. We also played games. We clicked photos and added it to our collections. We spent a wonderful day at the beach.

Picnic with friends made the day a memorable one.



Yashika Borikar
IV C



EXTERNAL COMPETITIONS



International Journal of
Pharmaceutical and Biological
Science Foundation



Indian International Model United Nation Conference



Space Science Exhibition



Saevus Eco Achievers Quiz



CBSE Life Skill Delhi Summit



State Level Anuvrat
Music Competition



Natural Saevus Capital Olympiad



KDMC Drawing Competition



NIIT Quiz Competition

SPORTS AND LITERARY EVENTS



District Level Gymnastics Competition



Sgfi Yoga Competition 2017

Taluka Level Cyclemini Cycle Rally



Winners of Scout & Guide FIFA Football Competition 2017



CBSE Rifle Shooting (U-17) Girls



District Level Yoga Competition



National Level Yoga Competition



DSO District Level Chess Competition



LIFL International Chess Tournament



Inter-unit Volleyball Competition



MCA Bhandari Cup (U 16) Boys



Winner of Reliance Football Cup



Pocso Workshop on Parenting



IUCCA Trip to Pune



Project Humanitarian



World Nature Conservation Day



A Visit to the Wax Museum



Balvihar



Value Education



Group Dance



Marathi Manthan



Makar Sankranti

Achiever Grade 1



Ananya Thakare

Deepshikha
MalikNishka
DasJai
WarriarPreksha
ParabSaket
SreenivasanSamarth
KulkarniDivit
ThakkarLokesh
MahajanUdaya
KonarVed
GhanekarVihaan
Gurow

Achiever Grade 2



Aarya Gaikwad

Ananya
NairAnushka
PatangeHansika
NagleJigyasa
TyagiRithwik
SinghSravan
KaideryVedika
UpadhyayAnushka
ChughKaushal
PawarKirti
TiwariSwadha
Tiwari

Achiever Grade 3



Snehal Singh

Aditi
IyerAnarva
GawaiNigel
KuttelPurva
RathodShivani
SandeepApurva
KalebereAshwin
KorondaLakshita
SinghRaima
MukherjeeKashish
Tiwari

Achiever Grade 4



Dhun Jain

Aaradhya
PandejiAditi
GaikwadAditi
SonawaneDhanprada
DesaiIshant
SurvePurva
GulveShravani
KadveSmit
SalunkheSoumeet
Swain

Achiever Grade 5



Pranav Gore



Advika Singh

Harshit
WaghKrish
HassaniVaibhavi
SinghDikshant
Ojha

Gargi Borse

Rajshree
PandeySneha
SewaramaniKshitij
PillaiLakshya
ThakreVedant
Kaneri

Achiever Grade 6



Vaibhav Singh

Abhrodeep
ChakravartyAman
SahuDheekshitha
RanganathanMidhuna
Kizhakkayil

Neetu Nair

Pallavi
DasRachit
BhanawatSneha
MishraVedanti
Shaw

Achiever Grade 7



Harshavarthini Jaganmohan

Ananya
UpadhyayAnvesha
RanjanDurga
MenonEkta
NandanwarNishita
GaikwadSaraswati
PattanayekShruti
GuptaVaishnavi
Khopkar

Vedant Singh

Achiever Grade 8



Satabdi Khuntia

Anushka
GaikwadAryan
SonilalDisha
Dwivedi

Drishya Singh

Mihika
ChitreNandana
KizhakkayilRohan
TiwariSanjana
WadkarShubham
Pandit

Achiever Grade 9

Vedika
ChavanAdesh
AmbadeAadruti
OnamAkarshan
ShuklaAnoushka
Thakur

Anurag Jha

Nimisha
SinghShradha
Mishra

Shruti Sinha

Tanisha
Temghare

Achiever Grade 10

Aakanksha
JhaPrajakta
BorikarDevendra
GhodmareShruti
DevlekarKshitij
GaikwadAbhay
SahaShraddha
MishraHarshal
AbakAnjasha
SinghMaitreyee
Ambedkar

With reference to the school magazine 'Amitam' Volume 1, Issue 2, following students were also the nominees for the Achiever of the Year Award 2016-17 Grade IV

Aryan
GurowMaitri
SawantSneha
Sewaramani

CONGRATULATIONS!

Arya Gurukul Nandivali for introducing their first Research-Based Project in 2017-18. Students independently selected their topics and did their research work. Kudos to the team, as this is the first paper which has been published in the International Magazine.

International Journal of Pharmaceutical and Biological Sciences Fundamentals,
Vol. 14, Yearly Issue of 2018
www.ijpbsf.com (An Indexed, Referred and Impact Factor Journal) ISSN: 2278-3997

Designing the Future of Biological Science for Disposing off the Deceased Materials in the Space Expedition

Mrs. Radhamani Satish Iyer,
Principal, Arya Gurukul, Nandivili, Kalyan (East), Maharashtra (India)
principal@aryagurukul.in, aryagurukul@gmail.com
Publishing Date: February 08, 2018

The proposed concept elaborates the significance of changing demands in trends of pharmaceutical products for development of biological metabolism in space environment. The rapid enhancement in global shift in technology the space tourism is going to be a service in demand to be availed by customer globally by the start of fourth decade of millennium (i.e. between 2035 to 2040). The paper proposes the requirements of future and feasible tentative options of youngest breed of present generation. So that the proposed embryo stage concept can be nurtured to develop the services. This will enable India to be a global leader for Space Industry in Future.
Keywords: Deceased Materials, Space Expedition, Pharmaceuticals for mankind in Space, Space Age Competition.



A

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Ms. Radhamani Iyer
Principal, Arya Gurukul, Kalyan (E)

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Main Schools : ARYA GURUKUL - Nandivali, Kalyan (E), Nisarg Greens, Ambarnath (E) & ST. MARY'S HIGH SCHOOL - Chakkinaka, Kalyan (E)

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